

An add-on reality to everything!

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**This article, updated, is seeking a publisher.**

## How to Let Earth Save Us: The Essence of Nature as a Conflict Resolution Tool


*Natureness*, a therapeutic attraction paradigm, lets Nature's self-correcting ways transform our discontents into it.

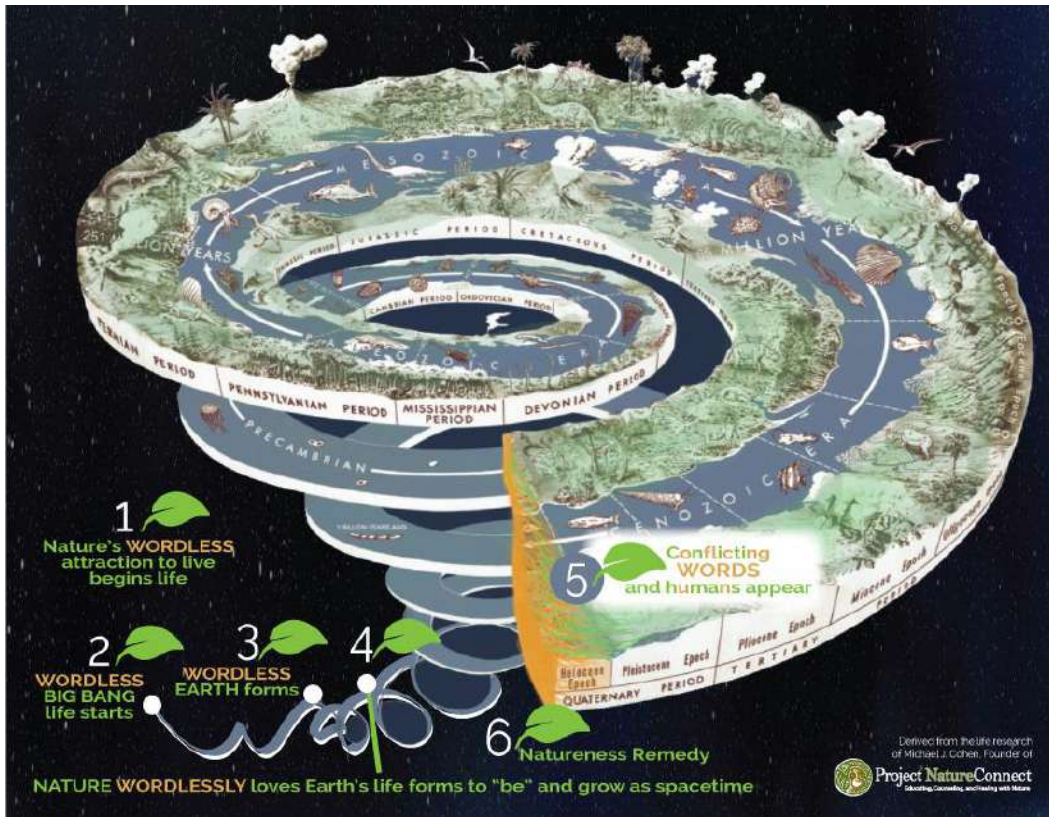
***The most valuable scientific discovery since Earth Day, 1970***

**The truth, the whole truth, and nothing but pristine truth so help your-self**

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### The Pristine Truth Flowchart

 A heartfelt living history of Nature and Humanity's attraction to live. (4)





The sensory, evidence-based sequence of Nature's essence: 1  to  6 to  1





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### Abstract Synopsis (See Appendix A, p.18).


This article is a “true or false” inventory and update of the reviewed and updated legacy article *Pristine Truth Ecopsychology: the Natureness Remedy* in the International Journal of Ecopsychology. In it, attraction is identified as a force that pulls things together. This symbol  represents and conveys attraction’s wordless essence.

“Indisputably, it is true that here and now you *consciously feel attracted* () to be alive and are reading these words here and now.”

Attraction  is a unifier, a prime force sequence, like gravity, electromagnetism, or love that draws things closer. The essence of attraction  is to grow and become more strongly attractive, which, in turn, *is the essence of love.*

The quote’s “here and now” refers to space and time, *space-time*, and *Pristine Truth* is spacetime that, as with this synopsis, actively empowers a person to use it as a tool. To our loss, its present omission prevents us from resolving our tragic war against Nature and its resulting conflicts that most words create. (6)

Everything suffers because excessively nature-disconnected words attract us  to fight our catastrophic conquest of helplessly wordless Nature around and in us. Without words, Nature has no rights and can’t complain about its plight.

“Reading,” “using,” “resolving,” “suffering,” and “warring” are verbs. This article’s first-of-its-kind flow chart of the Universe is a living social technology, in itself a verb, “truthing.” It actively identifies and remedies what Nature’s life has been attracted to do  from before the birth of Big Bang spacetime to this moment.

Words are polarizing weapons of mass destruction against wordless Nature until, by using the flowchart, we let *Pristine Truth* correct them since its essence is spacetime itself. Then the flowchart can reasonably be added to anything.

The chart's impeccable accuracy remedies what ails us and our lives improve as we increasingly learn to master and apply its arts and science. Thus, this synopsis as an abstract is not abstract; it's a legitimate action, a unique experience. It enables the article to resolve even the "Is this an abstract or action?" conflict by legitimately using itself as its definition and meaning of "🌿."

The above exemplifies how 🌿 as a repeatable unifying power stops our runaway war on Nature. In spacetime, where all things are one growing thing, *authentic Nature is* a natural area. There, what our attractions 🌿 reasonably sense and feel is attractive is also the most qualified reviewer of this article.

The 🌿 leaf symbol is appropriate because it wordlessly establishes this pristine truth: in reality and words, the essence of a leaf consists of the same attractions 🌿 of particles, atoms and molecules that are the universal heart of life itself and our DNA. They grow chlorophyll, which, with sunlight, grows oxygen into the air, which feeds the essence of our life, while in us, as hemoglobin they grow carbon dioxide, which, when we exhale, feeds the leaf.

"🌿" symbolizes the attraction 🌿 of plant life and our life to breathe together, to "respire" and "conspire," [sic], as well as grow 25% of our genetics to be plant genetics, moment by moment. The attraction symbol 🌿 also conveys that the *essence* of a thing is the paradox of its smallest fundamental, a wordless reality that retains its properties, being attracted 🌿 to reproduce and grow its attributes into the next moment of our spacetime universe's *wholeness* of anything. That phenomenon makes **essence** and **wholeness** continually identical.

When applying the 🌿 symbol while visiting a natural area, one can experience the difference between Nature's life and human life; ***Nature is wordless while humans use and depend on words.***

As the 🌿 flow chart discloses in the color orange (🌿 5), since a million years ago, as now, this universal excessive word-wordless disconnection is everything's different foundation or paradigm, the fundamental mother of all conflicts (See Appendix B p. 20). Its anguish and anxiety attract us 🌿 to create moments that let the 🌿 flowchart help Nature resolve conflicts as Nature can do best because it is the fountainhead of authority in its perfection. Since forever as now, the flowchart is the "**Natureness Paradigm:**" ***the heartfelt, self-correcting essence of Nature's wordless attraction 🌿 to begin life and love 🌿 its dance into being, moment by moment.***

As aforementioned, the symbol "🌿" is a single, immediate attraction sensation or feeling that instantly manifests Nature's whole-life power as PTF. When it's added to anything, the chart urges us to

“Hold your breath; disconnect from the air to create a growing felt sense vacancy in you. Let your increasing PTF suffocation sensation attract you to breathe Nature’s air again. This sensory experience is PTF beneficially filling the void while it feeds the plant kingdom your carbon dioxide. It’s humanity’s inherent love 🌱 to survive, to shamelessly embrace the wordless life of Nature.”

That’s the flowchart’s action and you and me in words this instant. (3C). In a natural area it lets you meet and embrace your whole self.

## Introduction

Rejoice! Be Enthusiastic! Spacetime Works and it is unadulterated, Pristine Truth. Whether you are with others or alone, we invite you to replace your hurtful disappointments and abuse with Nature’s unifying love whose essence is attraction. This paradigm narrative and flowchart enable you to overcome the trauma that remains from our excessive or abusive childhood training to unwittingly become soldiers in our society’s undeclared war against Nature. (6)

Quickly grow to be the self you want to be. Fill the holes in your life with this article’s pristine truth and love of Nature’s balance and beauty. It works because it invokes “Natureness, the self-correcting essence of Nature,” and helps that attraction 🌱 grow organic remedies for what ails us.

Unbelievable? **Just as sure as you are reading these words, right now you are engaged in learning the pristine truth of Natureness that we are taught to ignore.** You can easily add this healing reality to the hurtful lies, conflicts, and outrages we suffer in and around us. It transforms our nature-conquering battlefield into reasonable love, reversing the belief that doing so is wrong or impossible for you or anyone else. (3A)

If you’re attracted (🌱) to learning how to help yourself and yours, this instant demonstrates that it is already working, can be repeated, and grows indefinitely. As you read further and expand the Synopsis you will find things here that seem to repeat themselves from it. They are not only reminders but also demonstrate you have learned things already that are functioning, and that’s this article’s purpose, so it’s working.

*An attractive Pristine Truth* 🌱: You are reading these words that attract you to read on so you will.

Natureness power is the essence of an excellent childhood. This article helps you master the art of its pristine truth and be funded to apply it anywhere. Its References and Appendices complete the process.

## The Missing Abstract

As aforementioned, this article does not have a real abstract because it is not abstract, its alive and active (However, see Appendix A, p.17). Rather, as an reactive True or False inventory it involves you in recognizing that, when you embrace its truths in a natural area, it manifests the benefits of 🌿 as identified in an update of the legacy article *Pristine Truth*

*Ecopsychology: the "Natureness" Remedy* (1) is peer-reviewed and published in The International Journal of Ecopsychology. It is this immediate attraction (🌿) in action, the real thing:

“On an August day in 1965, a freak thunderstorm compelled me 🌿 (13) to ask the Grand Canyon Wilderness, where I was backpacking, if it was alive and how its life was different than mine. No surprise, the Wilderness said nothing because Nature’s flow doesn’t use or know words. Soon, however, the answers became obvious then, as right now, too.

‘Nature can’t speak with words and I/humanity can.’

‘If Nature dies, I’d die so Nature has to be alive.’ ”

Anyone so attracted 🌿 can repeat this experience in a natural area, including the air between this screen or page and you. That moment-by-moment pristine spacetime truth grew my next 57 years of living it to this instant. (3C)

The above quote reinforces the long-known fact that humanity is the single segment of Nature’s life that can speak. ***Nature is wordless, and we are its major known worded part.*** At any moment, until 🌿 blends our personal words and Earth’s life, we know, live and learn in a stressful, orange disconnecting duality that harmfully is 99.9% out of tune with how Nature works. (2)

This symbol “🌿” is the Pristine Truth essence of Natureness, our natural wordless attraction to be peacefully united with all things in Nature’s universal web-of-life. (11, 12)

Presently, to our loss, our words excessively disconnect us from wordless Nature around and in us. To remedy this dangerous phenomenon, this article invokes nameless “🌿”. Otherwise, our stories and labels will continue to create hurtful detachments from Nature’s wordless love for life as it flows around, through, and as us. (6)

Our lives and world are breaking apart because without applying 🌿, Industrial Society indoctrinates us for profit to use words that exploit and conquer Nature excessively. This creates our suicidal war with the natural world that won’t stop because ***we are addicted to using the same words that cause it to remedy it.***

That makes this article, with its flowchart, a vital sensory attraction 🌿 tool that extends your life, like an honesty wand or golden touch (*"phi" the Golden Ratio sequence*). Its unique questions and spacetime 🌿 diagram enable us to transform our disorders and conflicts into love. Doing this remedies the core of our anxieties and illness through 🌿-validated methods and materials. (3)

### **Natureness The add-on to everything**

As aforementioned, "It is true that you are reading these words here and now" and your attraction 🌿 to this fact is Natureness, the *pristine truth* paradigm and essence of everything else on these pages. It's the continually repeatable, accurate, scientific evidence and control we can rely on for whatever we're attracted 🌿 to do reasonably.

The symbol 🌿 from the synopsis can be used as a trustable attachment to things because its presence grows with their essence, increasing well-being for everything.

Strengthen mental health by invoking the attraction symbol 🌿: "Let Nature pull 🌿 your sh-t together." That should be the title of this article.

Just as sure as you exist and are alive, you are reading these words and "*something*" is attracting you 🌿 to read them. Otherwise, you would be doing something else.

This green leaf attraction symbol " 🌿 " is that "*something*." Its wordless desires fill the holes in our lives that our authorities make us suffer as they unwittingly teach us to injuriously war against and break apart our world around and in us.

Our attraction 🌿 this instant is older than the time when it was attracted to and morphed into becoming Big Bang Spacetime. The leaf's color, green, started shortly after that birth of time, and plant chlorophyll is 3.4 billion years old. All those eons lend trustable stability to Natureness 🌿 because they are still growing it, moment by moment.

You know that 🌿 works because if one of the "lack of love holes" or "vacancy" you suffer is that you need a responsible tool to fill them, 🌿 is that tool. After all, the fact is you are still attracted 🌿 to reading these words.

The only reason 🌿 will not increase your well-being is if you don't believe that it will or has. You lose its power whenever that happens because 🌿 is the heart of your DNA. It's what attracts their particles, atoms, molecules, and you and the world together (Its Strong Force holds an atom's nucleus together; a butterfly's weight, 0.025 oz., of Uranium fission created the Hiroshima atomic bomb explosion).

Be careful. Your words of disbelief about this natural sequence of life socially disconnect you from your natural self. This decreases your energy, self-worth, and health as it produces anxiety and its disorders.

We are all enveloped in today's lies and corruption that stem from the suicidal war we increasingly wage with Nature around and in us. (6) For us as soldiers in it, *with the exception of Pristine Truth and Natureness*, everything has many meanings when, without 🌿, we relate to their labels and words instead of to their unified 🌿 essence. That's why everything becomes debatable or is a wounded or polarizing falsehood, conflict, or battle until it is corrected by 🌿. This includes what you are reading now, so to be completely honest and accurate as we begin here, we are attracted to 🌿 calling attention to and correcting this paragraph's inaccuracies with these words you now read.

The attraction “ 🌿 ” allows us to continue in trust and honesty as it attractively urges us to create it, especially as we invite folks we appreciate to do this with us.

To accomplish this wonderful, almost unimaginable feat, I, including my essence (ness), in **1a** below, signify that the following basic 🌿 fact is accurate, and I invite you to do the same in **1b**.

🌿 **1a** I, Mikeness, the author's essence indicate: (  ) TRUE or ( ) FALSE: “It is undeniable that I exist, I am alive, and I'm reading these words this instant.”

🌿 **1b** You, \_\_\_\_\_, the reader indicate: ( ) TRUE or ( ) FALSE: “It is undeniable that I exist, I am alive, and I'm reading these words this instant.”

If you have specified that statement **1** is true for you , each of the following statements is also true because they are rooted in it and grow from it. This statement is attracted 🌿 to support your truth 🌿 and the truth of the statement that follows it. This ensures that you are continually accurately creating and continually attached to the next truth. ***This is especially true if you have found or experienced it, or an example of it, in a natural area.***

All the additional Pristine Truths below will reinforce and expand the 🌿 truths of those you have already recognized. This self-empowering process makes each 🌿 stronger and makes the final 🌿 a commanding, accurate, and understandable tool that you sense while it invokes the attractive 🌿 Pristine Truth of Natureness and its benefits.

Are you attracted to continue 🌿? Discovering things that are true in the moment is unquestionable pristine truth since they are all that exists then, they are not adulterated, and they 🌿 create the essence of the next moment in ways that increase well-being.



**2** ( ) TRUE or ( ) FALSE: The symbol 🌿

( ) I've sensed this in a natural area.

The symbol 🌿 demonstrates right now that the unique combination of our pristine words and acts in 1 works because they have continued their truth here. They have grown into this new and different 🌿 moment. Significantly note that in this moment it is still unequivocally true that you are attracted 🌿 to reading these words this instant and that our society globally agrees. That's a great start to growing harmoniously from here.

As aforementioned, this 🌿 phenomenon is called "*Pristine Truth*" and "*Natureness*," the self-correcting attraction essence and paradigm 🌿 of Nature. Pristine Truth is Spacetime and Natureness is its essence. Here and now, we are learning to use its excellence in 1 as a tool that self-authenticates it is helping us create additional Pristine Truth statements and relations.

The explanation for why the statement "It is true you are reading these words right now" is accurate is usually explained as, "Because it's existential or self-evident." "It registers directly on our senses so it needs no proof." "We take this phenomenon for granted." All these weaken the statement's inherent core power.

The statement works because its words remove their misleading duality by substituting their unifying singular Universal source for it. Nature's space + time, the here and now, *is also us*. That spacetime validation of who we are is Pristine Truth unity 🌿. Our problem is that we excessively take it for granted and overuse or abuse it. (6)

We will now again attractively 🌿 use the above self-perpetuating facts of 🌿 to increase their unifying dependability and elimination of duality. This will further let our Natureness here and elsewhere attractively 🌿 transform and grow our misguided ways into personal, social, and global well-being.

This works because *attraction* 🌿 *is the essence of love* and we love to do this because we love to live.

Since the omission of *Pristine Truth* and *Natureness* 🌿 is a prime source of our suicidal war with Nature, invoking "🌿" remedies our inner and external conflicts by sensibly loving them into becoming Natureness, the self-correcting and unifying essence that they share.



🌿 3 ( ) TRUE or ( ) FALSE regarding "words" ( ) I've sensed this in Nature.  
( ) I've sensed this in a natural area.



As 🌿 is created or grown by 1 and 2 above, your Pristine Truth is probably aware that Nature is wordless. Nature can't speak words while we and the rest of humanity are worded. This produces a continual language barrier, a hurtful, unjust disconnect between us and Nature. It creates anxiety, fear and pain because the loving 🌿 purpose of Nature's self-correcting flow around and through us is to all at once grow and support our life and all of life harmoniously (5). Our word disconnects torpedo this vital function.

We are troubled and in trouble because our words, including these words, are weapons of mass destruction in our suicidal war with Nature (6). This will not change until we use additional 🌿 words and experiences to correct this tragedy and beneficially reconnect our words with Nature. As a true-false Natureness indicator, this article and flowchart enable us to do that here and now.

Using the symbol 🌿 is vital because 🌿 is not a word. Its wordless integrity attracts us 🌿 to blend and benefit from any conflicting meanings that we have attached to it. The flowchart and 🌿 are a congruent oneness.



🌿 4 ( ) TRUE or ( ) FALSE regarding **spacetiming**  
( ) I've sensed this in a natural area.

As 1-3 have absolutely established, the Pristine Truth of Natureness 🌿 works in the here and now, in Nature, our in-common essence 🌿 as it grows, moment by moment. Actually, this or any other "space and time instant" is an active verb, "to grow." It's our attraction-to-live 🌿 "spacetiming" right now.

You can sense that, like any organism, as our life grows, all things in our body and that we can see everywhere else in Nature, including the night sky, are simultaneously attracted to growing 🌿 new time and space that lets every part of everything attractively live 🌿 the next instant. We can reasonably sense and feel that all things are attractively present, alive and growing at any given moment of our life 🌿, including our sensations, dreams, and fantasies as things, no matter if they are scientifically accurate or not because 🌿 can establish that in additional 🌿 moments

Our key challenge is whether or not words and their labels and stories that we create are authentic, repeatable, and trustable 🌿 truths about how Nature's things blend rather than conflict with each other so they can't mislead us. This blending includes all of Humanity and our stories

We know that what our 🌿 spacetiming reasonably thinks and feels here right now is one of our true stories because our attraction to our

experiences here to date 🌿 has validated it, i.e. it remains true that you are reading these words. It's an absolute fact that 🌿 attracts us to apply this process to all our stories and benefit from scientific ones.



🌿 5 ( ) TRUE or ( ) FALSE regarding **sequence, singularity and duality**  
( ) I've sensed this in a natural area.

Again, from the progression of 1-4 above attractively growing 🌿 to this instant, our thoughts and feelings can reasonably validate that each *moment* of our Pristine Truth spacetime includes its moment-after-moment *sequence*, i.e., 1 2 3 4 5 6, etc.

When our 🌿 becomes that sequence, it experiences the Fibonacci golden ratio, in which numbers grow and increase by 1.62 every time you apply them.

We must expose our duality in the act of misleading us here. Spacetime is a seamless 🌿 continuum like our feeling of aliveness because it is it. Our words that say it exists "moment by moment" make spacetime a stop-and-go affair, and with respect to being alive, stop is death.

"Moment" is a word that stops time's flow to make room in our lives for artificial words to influence us in some way. The words often excessively make us turn Nature into money and artificiality. Our words can't stop this hidden "cancer" because we are not taught that's what they are doing. Fortunately, Natureness 🌿 wordlessly bridges this gap and keeps the wisdom of spacetime healthy.



🌿 6 ( ) TRUE or ( ) FALSE regarding "attraction 🌿"  
( ) I've sensed this in a natural area.

Attraction is a prime force sequence that, like gravity, draws things together. As it

grows from 1 - 5 above, this paragraph's Pristine Truth words say that you were somehow attracted ( 🌿 ) or desired to read about 🌿 and continue to read it here; you were not ordered to or bribed to do this.

Even if you were coerced, you and your essence were somehow persuaded or punished to be more attracted to 🌿 obey the order rather than refuse it. As aforementioned, attraction is the essence of love.

As evidence for all this, note that you are still attracted 🌿 right here and now, to spacetimeing.



🌿 7 ( ) TRUE or ( ) FALSE regarding "essence"  
( ) I've sensed this in a natural area.

Through your experiences in paragraphs 1-6 sequence, you and your essence are learning and validating in these words here and now that the essence of a thing is its smallest fundamental, wordless reality of itself that retains its properties and is attracted to reproduce and grow more attractively 🌿 as it becomes the next moment.

This means that Natureness is like the unique "soul" or "spirit" of a thing. However, they are not Pristine True trustable or scientific things because their defunct Steady State Universe outcomes are not dependable, reasonable and repeatable. Too often, they destructively mislead us. That's our problem, not its solution. Fortunately, soulness and spiritness resolve this challenge.

Our solution is our spirituality allowing us to have faith that Nature's attraction 🌿 to grow life is the sequential fountainhead of authority in how it works. Its Natureness art and science support a wordless, self-regulating, global community of all-things that increases well-being by correcting incorrect words (9)

For 🌿 to implement this solution means relating to the essence of everything by heartfully adding "ness" to our and everything else's names so we experience "Iness love this connection with the wordless life of Nature's balance and beauty."



🌿 8 ( ) TRUE or ( ) FALSE regarding our 54 senses: (7B)  
( ) I've sensed this in a natural area.

As exhibited now and in preceding 1-7, our attraction senses 🌿 of color, shape, reason, literacy, consciousness, time, space, gravity, respiration, and growth are operating, and *none of them* are any of the five senses we are taught that we know and learn from since childhood. This holds true for our additional natural senses, such as distance, music, motion, and love, 54 of which most of us have experienced and validated. (7b)

That we learn to think that we only have five senses leaves a dangerous hole and anxiety about how we sense and relate to the world and each other. The tool that remedies this dysfunction is 🌿. (10)



🌿 9 ( ) TRUE or ( ) FALSE regarding “greed:  
( ) I've sensed this in a natural area.

You can hold your breath right now and make an educational hole in your wholeness from your increasing lack of air. That hole is reasonably attracting 🌿 your sense of respiration to produce stress, fear, or suffocation pain that increasingly attracts you 🌿 to breathe again. When you do, you gain attractive satisfactions 🌿 from the air you inhale. They reward and fulfill your inherent attraction 🌿 to the atmosphere's oxygen. It is a breath of life gas grown by the leaves of Nature's plant life and sunlight. In addition, air is an essence of climate that lets light pass through and carries sound waves.

While you stop breathing and are deprived of its love for you to live, you feel suffocated, and you excessively want air because it's become a deficiency in your life.

Similarly to the above, our Greed is the outcome of excessively or addictively desiring more “stuff” to satisfy our broken life's excessive loss of Nature's love for us and it to live. This happens because the attractions 🌿 of our 54 natural senses, not just suffocation, sense the loss of Nature's love, so we want. There is never enough when we want, so we feel we need more of everything and act accordingly (6). That's greed. Satisfactions from Natureness 🌿 remedy this short circuit because 🌿 is a spacetime “long circuit” continuum since forever.



🌿 10 ( ) TRUE or ( ) FALSE regarding our broken personal and global life.  
 ( ) I've sensed this in a natural area.

The greed produced by our unsatisfied love of life makes us continually desire additional satisfactions or tranquilizations. For this reason, we become excessive, and our overuse deteriorates our and Nature's common 🌿 essence.

Invoking the Natureness of 🌿 is like taking a deep breath. It revives and regenerates the spacetime essence of all things. In today's increasingly deteriorating world, our story world's omission of 🌿 violates everything's legal, moral, and ethical rights to life.



11 ( ) TRUE or ( ) FALSE regarding 🌿 resolves conflicts  
 ( ) I've sensed this in a natural area.

Quickly go down the color chart list and aloud say **the ink colors**, not the color names. For example, the first color is orange, not green. (8)

GREEN  
 RED  
 BLACK  
 BLUE  
 BROWN  
 YELLOW  
 VIOLET  
 GREEN 🌿

CONCLUSION 🌿 green-in-green (GG) provides full information and resolves green-in-orange (GO) conflicts.

NOTE Many people believe they are errorless because they do not know they said "brown" while seeing the color magenta. Without another person with

them catching this error, they cannot correct it, and suffer the consequences of the distortion.

APPLICATION This activity should be included at the start of meetings or any other time: ***Reasonably take a breath and hold it until it is uncomfortable, then, as you release it, shamelessly say, "I love 🍃 to connect with the wordless life of Nature."***

POTENTIAL CHANGE In the USA during the Second World War, backyard and rooftop Victory Gardens reduced vegetable purchases by 50% in three years.

Note, too, that a total population can update a change when 10% of it believes it, so it's strong enough to grow and change by itself.




🍃 12 ( ) TRUE or ( ) FALSE regarding “ 🍃 ”  
( ) I’ve sensed this in a natural area.

As predicted in statement 1, this empowering Pristine Truth true or false inventory makes each 🍃 stronger. It makes invoking this final 🍃 an accurate and understandable power tool help spacetime’s Natureness stop our war with Nature and let 🍃 increase personal, social and environmental well-being. (7)




🍃 13 ( □ ) TRUE I have experienced and created the life of the Spacetime Universe attraction 🍃 flowchart below. It validates that because Earth has water on its surface, it is attracted to grow 🍃 as a planet whose life flourishes by it consisting of living things united and continually attracted to strengthening 🍃 by diversifying their lives.

**Natureness Summary:** Below are the feelings from key synonyms that the essence of attraction  includes and activates in spacetime. While connected with a natural area, our Natureness can sense one, or more, or all of them that are part of the flowchart below. (7A) This is also true for other attractions you may experience. Those that you sense in the diagram are their “selfies.” Just **YouNESS** add “ness” to them.

Hope, Existence, Sequence, Permission, Unity, Essence, Personal, Matrix, Singular, Self-Correcting, Integrity, Now, Nameless, Intelligent, Alive, Attraction, Love, 54-sense, Web of Life, Pristine Truth, Dance, Mikeness, Resilience, Greed, Trust, Resolution, Yourself, Spacetime, Resonance, Earth-Misery, Loved.




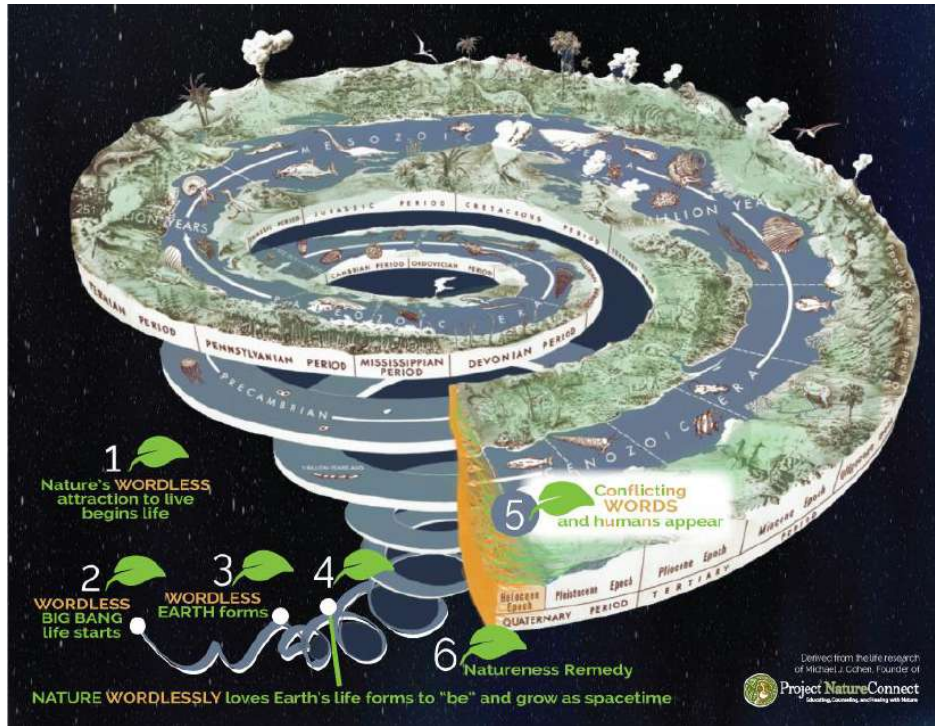
**14 ( □ ) TRUE** The flowchart below is a “selfie” of the natureness paradigm you sense and feel when you take a breath and hold it until it becomes uncomfortable, then, as you

release it, feelingly say, “I shamelessly love to  connect with (or other endearments) wordless Nature’s balance and beauty.”

If you don’t embrace the  1 to  6 to  1 sequence on the chart, it will just become still another conflict. (2A, 6).

Embracing it is actualizing “It is indisputably, pristine true that you are spacetime embracing it in word and deed and can apply or teach it to others.”

 **The Pristine Truth sequence, life, and history of Natureness (4)**



🌿 NATURE is, since forever as now, the heartfelt essence of its wordless attraction to begin life and love its dance into being.



15. ( ) TRUE or ( ) FALSE regarding #2 🌿 the Big Bang on the flowchart  
 ( ) I've sensed this in a natural area.

It is reasonable that, on some level, the likes of 14 above occur throughout Nature's spacetime for everything since that's how spacetime works. This would mean the Big Bang was not a miraculous, instantaneous, unexplainable expansion.

Instead, it was an attractive orgasmic transformation of #2 🌿 life into contracting and superheating into powerful gluon glue, gravity, electro-magnetism, boson attractions and others to grow more stable and unified *energy and matter relationships*. These became/are more attractive still by diversifying and growing into #3 🌿 and #4 🌿 ways to further love life into




being. This includes humanity's sensory experiences *when our words validate them* as here and now.



16. ( ) TRUE or ( ) FALSE regarding the flowchart  
( ) I've sensed this in a natural area.

For educational purposes, it is reasonable that words appear on the chart throughout its entirety when they did not actually appear with humanity until the orange section of the Pleistocene, about two million years ago.

None of our society's words, including Nature, Gods, Love, Honesty, and Science, existed until the *orange section* of the flowchart existed...including this article and the chart and us being in the orange section.


"In the beginning *was not* the word until you add Ness to the word." This is why in today's Nature-deficit tragedy, words that don't self-correct must be corrected  if they and we are not to continue as polarized weapons of mass destruction.


The quickest way to correct anything into greater well-being is to add ness to yourself and that "thing," including people, via TF question 14.

Try it with the emblem for this section 16, above. Trees? Leaves? \_\_\_\_\_ness?

The flowchart in a natural area lets your Natureness meet and embrace itself.



 NATURE is, since forever as now, the heartfelt essence of its wordless attraction to begin life and love its dance into being.

 Nature is the air between this screen and you along with your inherent love to sense, breathe, enjoy, and thank it.

 Nature is the Pristine Truth life sequence of Natureness.

 Nature is.



## References

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## APPENDIX A

AN ABSTRACT FOR WHEN IT'S NEEDED (300 words)

Celebrate and promote this moment because these words are attracting you into a Pristine True Flowchart (PTF) that resolves conflicts in and around us. This critically important tool validates that the life of Nature's universe and our society have a common attraction-to-live essence that our scams, lies, and violence are destroying and that PTF restores.

PTF dramatically transforms our broken-apart world into Nature's unifying attraction to live, love, and harmoniously grow all things at once.

Professionally reviewed and accredited, PTF creates this undeniable truth about anything we do anytime, anywhere:

"It is an irrefutable, trustable fact that you are alive, can act, and are reading these words here and now (*space+time*)."

This potent PTF power lets anybody consciously transform disorders into Nature's self-improving perfection.

Without PTF, we suffer as we harm our planet and each other by ignoring how Nature's life in and around us restores its well-being, but not our excessive artificiality and disconnects.

PTF grows from Dr. Mike Cohen's epitome in a wilderness area in 1965, which demonstrated that humanity can speak words and *helpless nature can't*. PTF corrects that injustice by letting us relate to the essence of things by calling them their right essence name "ness"—from "Mikeness" to "Rockness" to "Godness" or "Treeness." This shares our words with Nature's self-correcting energies

everywhere so that their wisdom can speak, act, and unify us. Otherwise, the errors of our defunct Steady State Worldview continue to deteriorate and traumatize Earth's and our life.

Invoking PTF remedies mental illness, polarity, anxiety, species extinction and climate change. This new social technology is paramount because it corrects our lifetime being 99% out of tune with the wisdom of nature's perfection.

Since forever as now, PTF is "The heartfelt essence of Nature's wordless attraction to begin life and love its dance into being, moment by moment," the enabling Natureness paradigm.

PTF BONUS. Hold your breath; disconnect from Nature's air and climate to create a felt sense "hole" or vacancy in you. Then, let your increasing PTF suffocation sensations attract you to breathe Nature again. That is PTF filling the "hole" and making you whole, while sustainably feeding the plant kingdom your carbon dioxide. PTF does the same thing with our other 53 senses, like thirst, trust, and place, while, to our loss, we learn that we only have five senses.

## APPENDIX B

### UNIFYING QUALITIES OF PTF SPACETIME

#### **The Pristine Truth Flowchart (PTF) in Action.**



Hold your breath. Disconnect from Nature's wordless air to create an uncomfortable, felt sense "hole" or "void" in you. Now, let your increasing PTF suffocation sensations attract you to breathe Nature's air again and relieve your stress. What you've become is this PTF Natureness paradigm filling the "hole," making you whole, and, in addition, feeding the plant kingdom your carbon dioxide as you exhale. This happy PTF is humanity's genetic love 🌱 to shamelessly embrace the wordless life of Nature, around and in us, and, thankfully, survive as part of it rather than suffer from continuing to be catastrophically disconnected from it. It is 53 sense more powerful when you apply this PTF in a natural area, so take it there with you and others to increase personal, social, and environmental well-being.



Consider these distinctions between our **Steady State Worldview** and **PTF Spacetime Universe** relations.

PTF. Which color of the word (not the word itself) are these two “GREENS” easiest to say: **GREEN** or **GREEN** ?

**GREEN** is the easiest and most accurate (**GG**) because it does not conflict the word with its color, (**GO**). **GG** is just as true as “You are reading these words here and now.” This is the same as the green and orange benefits of this PTF.

PTF lets Nature itself therapeutically transform any stress from **GREEN** into **GREEN** via “”. “” is the symbol of your attraction to live and validate this phenomenon this instant.

**ORANGE** The Defunct Steady State Mechanistic Universe  
(Aristotle, 300B.C.-1925 A.D) EXCESSIVELY SUPPORTS OUR HUMAN WISHES

**GREEN** Spacetime Universe Aliveness  
(Hubble, 1925-present) *Natureness in action* SUPPORTS THE LOVE OF ALL THINGS TO LIVE IN BALANCE

**Steady State** is an entropic, decaying ball  
**Spacetime** is a lively, growing, self-inflating bubble

**Steady State** Mechanically limited 5-sense thinking  
**Spacetime** Attraction energy 54-sense relationships

**Steady State** source is academia

**Spacetime** source is natural areas

**Steady State** truth includes the misery caused by society's distortions  
**Spacetime** truth creates itself from natural area spacetime moments.


**Steady State** works by relating to and with words  
**Spacetime** grows by relating to and with everything's essence.

**Steady State** Outdated and inaccurate  
**Spacetime** Contemporary and existential

**Steady State** Belief-based  
**Spacetime** Evidence-based.

**Steady State** Is a history of its time  
**Spacetime** Is time itself doing and being its history.

**Steady State** is the objective science mathematical sequence of 0-9  
**Spacetime** is the objective science mathematical sequence that includes the results of the Fibonacci Sequence of Nature

**Steady State** is created and operated by "foreign" words  
**Spacetime** is attraction  being conscious that its words are wordlessly attracted/love to grow diverse space and time for all things to thrive in.

**Steady State** God made humanity to multiply and subdue Nature and replenish it with people  
**Spacetime** Godness demonstrates that God is unscientific, Holocene fiction.

**Steady State** Produces false unlimited Earth resources  
**Spacetime** Treasures limited "Earth's metabolism" resources

**Steady State** Was created to support humanity by excessively conquering Nature  
**Spacetime** Was attracted to create itself to begin life and love it into being, including our lives.

**Steady State** Is a static commodity  
**Spacetime** Is a flowing community

**Steady State** Is a static commodity  
**Spacetime** Is a flowing community

**Steady State** Needs defined information from artificially standardized conditions of temperature, pressure, motion, light and sound.  
**Spacetime** Seeks facts and relations from the everchanging dance of life in natural areas

**Steady State** Operates by laws of chance  
**Spacetime** Is consistently attracted to love life into being. Each moment wordlessly self-organizes, enhances and corrects its life including humanity's excessiveness.

**Steady State** rewards us for suicidally destroying our own life support system for profit  
**Spacetime** rewards us for being its Natureness, its self-correcting essence.

**Steady State** is known by limiting words and labels we assign to its mechanisms.  
**Spacetime** is known by the "ness" labels of things that reasonably register their unity in our heart, love of love, and sense of consciousness.

**Steady State** Consists of our story's "entropy," of all things decaying into disorganization while guided by an unknown and unproven intelligence

**Spacetime** Consists of all things present at once in a unified singularity that like a seed or egg is attracted to birth, grow and organize itself to procreate the next moment of its life. It is the essence of all things that consciously loves being present in any moment. Each thing beneficially modifies the others to produce Nature's beauty, homeostatic balance and diversity without any undue garbage, war or abuse from disconnection.

**GG > GO** If you've ever had a calming, rejuvenating or euphoric **GG** experience in a natural area, that was the Pristine Truth Flowchart (PTF) of your Natureness. You did not need to go to school to learn it. In fact, school usually has you harmfully unlearn or ignore it **GO**.

**GO** We suffer our disorders because, on average, we learn to experience less than 12 hours of Natureness during our 640,000 hour lifetime. Our words continually educate and guide us to ignore the art and science of PTF and instead to conquer Nature and each other for "resources" dollars, power and love. Until it is PTF, our competitive recreation **GO** is not unifying re-creation **GG**.

**GG** The one billion year old slimemold and everything else have survived by their reasonable love for life using PTF before it was words and symbols. [Discover more here](#)



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