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Application to master Pristine Truth

#### An add-on reality to everything!

DRAFT: This article is for review, quotes and educational purposes only. Updated, it is seeking a publisher. Its contents have already been double-blind peer reviewed

The article is a seed that we must plant to increase well-being.

# How to Let Earth Save Us: The Essence of Nature as a Conflict Resolution and Recovery Tool

Michael J. Cohen

### Abstract

(345 words)

In 1965, I, a scientist who knew that Nature's life is wordless, was foolish enough to speak and ask a wilderness area, "What is the difference between your life and mine?" Unsurprisingly, it said nothing. However, hours later, I realized that was the answer; "I could speak, and Nature couldn't." Try that yourself with a natural area or pet. It's an irrefutable, repeatable, and trustable fact that I call a "Pristine Truth" because its words do what they say. I spent the next 60 years scientifically decoding and sharing Nature's Pristine Truth answer to me. I've identified the life force and its source, mapped it, Pristine Truth tapped into it, and empower readers here to do the same as follows: "Our and Nature's shared life wordlessly loves to live. In addition, we can speak, and Nature can't. When our words excessively sever us from Nature's wordless ways around and in us, we painfully lose the survival and unifying benefits of Nature's 54-sense balance and beauty and suffer an Earth Misery war and illness (ecocide)." The more our disturbed society ignores Pristine Truth, the more disturbed we become. This article lets its readers and society be less disturbed by simply embracing and invoking my self-correcting Pristine Truth Map that reunites our broken world's love to live.

Our greatest problem is that we are counseled and educated not to believe or value the Map. In denial, our prejudice against Nature omits it from 99.9% of our thinking and relationships. This creates our war with Nature and our traumatized sense of self that disconnects us from or abuses things, including our wordless inner Nature, our "inner child." The Map is a critical tool for conflict resolution, recovery, wellness, and happiness. It works because it scientifically activates our accumulated wordless love to live and lends it our words so it can speak. This creates a unifying homeostatic harmony that produces no garbage; everything belongs. It's a mindful phenomenon that grows all things as a single harmonic life. We alleviate our fears, loneliness, and disorders as the Map and its Natureness in Action book let the force wisely guide us.

#### Introduction

It is an undeniable, trustable, and repeatable fact that

"Right now, your life and Nature's life wordlessly love to live and can act; however, you can read, write or speak these words, and Nature can't."

This is a Pristine Truth because when appropriately modified, the words in the quote do precisely what they say they are doing *no matter what we are doing*. That's instant honesty. Because this is rarely acknowledged, but its total trustability is true for everybody and everything. It's also the core of a critical Pristine Truth map, the Natureness tool that this article provides. This new social technology unifies and heals our broken world because Natureness is the self-correcting essence of Pristine Truth. It's the indisputable fact that you are reading these words.

On the map, when our words excessively disconnect us from Nature's and our wordless love to live, we lose the real-time survival value of the natural world's balance and beauty and <u>suffer ecocide consequences</u>.

#### This color chart helps us benefit from the map.

Quickly go down the color chart list and aloud say **the ink colors,** not the color names. For example, the first color is orange, not green.

GREEN RED BLACK BLUE
BROWN
YELLOW
VIOLET
GREEN

CONCLUSION: We can reasonably and repeatedly sense that resolve green-in-orange (GO) conflicts. It's Pristine True because its word GREEN does what it says it does.

NOTE: Many people believe they are errorless because, on the chart, they do not know they said "brown" while seeing the color magenta. Without another person catching this error, they cannot correct it, and suffer the consequences of GO distortion, the prejudice that hope is as trustable as scientific fact.

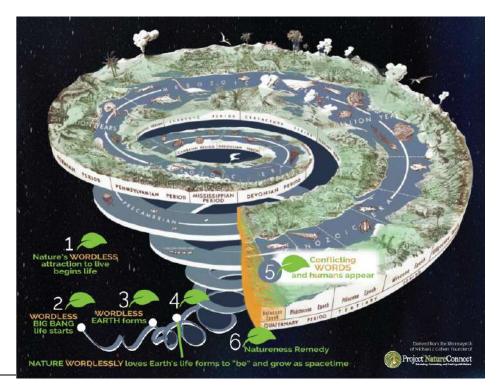
Non-verbally, our planet's life is **G**, no words, no conflicts, just greater attractiveness. This article's map lets the self-correcting essence of Organism Earth empower you to help all things support each other as diversified parts of Nature while its life loves all life into being, moment by moment, including ours.

Nature's love is the indisputable fact that your love to continue living in this **GG** instant attracts you to read this word and the next. *Question? Call 360-378-6313* 

In this article, as on the map, this leaf symbolizes Nature's original attraction, its *pre*-Big Bang wordless love to begin its life that now lives as this **GG** instant. That timeless attraction shares its perfect ways via the Pristine True map accurately perpetuating its matching **GG** story and experience.

A practical Universal Positioning System of Nature's and our life this instant GG.

The Pristine Truth pre-Big Bang (1 >> ) sequence and GG history of this spacetime map.



While attracted to continue living and growing moment by moment, on the map, we are GG 1 and conflicted GO 5 becoming GG 6 and then back to 1.

On the map, Nature is, since forever as now, our heartfelt essence of its wordless GG attraction to begin life and justifiably love its dance into being.



#### Overview

#### PLEASE NOTE:

- -For a **review you can publish**, see Appendix A, p.25
- To distinguish our outdated **GO Steady State Worldview** from the **GG** standard **Big Bang Universe** see Appendix B, p.26
- -For **Definitions of terms**, see Appendix C, p.30

The flowchart map works because the attraction to live holds things together, including these GG words, and your life's attraction to continue reading here.

Note that Attraction is the essence of love. It's Nature's ancient, original wordless unifier, the prime living energy and life force that pulls things together, like gravity, electromagnetism, or a hug, or the profound music of Nature's "cosmic glue" (gluons).

Note that part of you right now is pulling/holding your life together. Don't you reasonably sense or feel that you would "instinctively" like or love to harmoniously bond or unify things in and around you so you and the world can enjoy being more at **GG** peace and cooperative?

Notice on the map that from the beginning, Nature's wordless love is green until humanity and our words appear in orange. This validates that it is the aforementioned undeniable, trustable, and repeatable **GG** fact that "Right now, your life and Nature's life silently love to live and can act; however, you can read these words, and Nature can't."

All the attractions you know or sense result from the life of Nature's initial wordless lifeforce [1 ] being cumulatively attracted to exist, grow and attractively express itself in and as you and everything else then and this instant. As has been known since 1949 and established since 1970, that is how the life of our spacetime Universe loves to live and work for and as all things. That's how it does not produce any garbage.

Basically, attraction is the essence of love, a unifying **GG** force.

Although all the above goes against the grain of most institutions and thinking in today's society, the horrors of their omission of Pristine Truth further validate its positive effects when it's included (9). It demonstrates that it reverses our tragic and unstoppable breaking apart of our lives and world. *Question? Call 360-378-6313* 

This symbol represents and wordlessly conveys the following Pristine Truth

"Undeniably, it is a fact that 1)You exist and breathe, 2) you love to live, 3) you can speak words while nature can't, and 4) you are reading these words here and now."

That make all things "wordlessly loving living GG."

The heart of attraction is its wordless intention to grow and become more attractive, *which is the origin of love and the map* at point [1...]

In the Pristine Truth quote above, "here and now" refers to space and time, spacetime, the time and place we need to know to be sure of something existing and living. This includes the science of it being a repeatable, reasonable, and reliable sequence that many folks can observe. (8)

Pristine Truth is the life of Nature and spacetime that, as this article is doing, actively attracts and empowers a person to use its process and map as a truthmaking tool. As an exceptional Pristine Truth social technology, the map works wonders because it interacts with the non-verbal attraction *essence* of all things, including conflicts. (3) It's not restricted or addicted to anything's overriding words or labels. *Question? Call 360-378-6313* 

To our loss, the omission of Pristine Truth in our society causes, as well as prevents us from resolving, our tragic GO war against Nature and the ecocide conflicts that its nature-disconnected words create. (6).

Everything suffers because our excessively nature-disconnected stories and labels attract us to catastrophically eviscerate helpless wordless Nature around and in us. "In us" is our wordless *inner nature, our metabolism, our so called "inner child"* and its 54-sense emotions.

Without having words, Nature has no rights, nor can it complain about its **GO** plight or hire a lawyer.

"We are waging a suicidal war against Nature, and this mental illness damages all things as it abuses our physical and emotional world. A conflict-resolution "Green Switch" must be pulled that stops this catastrophe"

~ Antonio Guterres, United Nation's Secretary General (expanded)

This article is a *green switch* that **GG** remedies this critical injustice.

"Reading," "using," "resolving," "suffering," and "warring" are verbs. This article's first-of-its-kind **GG** flow map of the Universe is a loving-to-live verb, "pristine truthing."

The chart is a green switch that creates remedial and preventative space for Nature's life to do what it has been wordlessly attracted to do from before the birth of Big Bang spacetime [1 ] to this moment of our be-wildered [sic] lives [5 ] GO.

Pristine Truth works better than most things because it enables us to therapeutically relate to the self-correcting essence of things, their "*Natureness*," not just their abstracts or artificial identities as words. As we GG do this, we remove the GO lack of not doing it. Then its beneficial GO to GG results immediately appear.

Words are polarizing GO weapons of mass destruction against wordless Nature until, by using the map, we let Pristine Truth GG transform and correct them since its essence is spacetime's self-correcting power. The map's pristine truth can reasonably be added to anything and increase reasonable friendships, Dopamine, and Oxycontin release, and happiness. *Question? Call 360-378-6313* 

In short, the map's impeccable GG accuracy remedies what ails us and our lives improve as we increasingly learn to master and apply its unifying arts and science.

The map actualizes how " — " as a repeatable unifying GG force stops our runaway war on Nature, around and in us.

In spacetime, where all things are a **GG** growing, attached, love to live, (organism), **authentic Nature** is any natural area, including its attractive sky, air, sunlight, and gravity.

To get the most from this article, for each point of interest, go to a natural area and let your unifying GG reasoning, imagination, and gratitude find one or more examples of that interest there. In that mindful spacetime moment, they, along with your senses, thoughts, and feelings **are it** because they wordlessly love to live; they are Pristine Truth GG experiences and evidence that register on your 54 senses love to support your life. (7B)

This is significant because our objective science does not include the reasonable survival emotions of our 54 senses. That's what it objects to. *Question? Call 360-378-6313* 

Pristine Truth corrects its GO omission from our lives by **creating GG love to live moments** that let us relate to the **ess**ence of things by calling them their right GG **ess**ence name—" **ness**"—from "Mikeness" to "Rockness" to "Godness", "Treeness" or "Natureness." This shares our words with Nature's self-correcting energies everywhere so that their wisdom can touch, speak, and unify us. Otherwise, the errors of our unscientific spiritual or Steady State Worldview will continue to deteriorate and GO traumatize Earth's and our shared wordless love to live life. (Appendix B p.26) *Question? Call 360-378-6313* 

The leaf symbol is scientifically appropriate because it wordlessly validates this pristine truth: in reality and words, the essence of a leaf consists of the same Natureness attractions of gravity, particles, atoms, and molecules that are the universal heart of life itself, including our DNA. In unity, within a plant, they are attracted to grow chlorophyll, which, in conjunction with water, gravity and sunlight, grows oxygen that the leaf releases into the air. There it is food for our life via our sense, feeling and process of respiration. Simultaneously, similar hemoglobin atoms in us use plant oxygen to grow carbon dioxide, which, when we exhale, feeds the leaf.

Thus, " symbolizes the attraction "spirit" of plant life and our life to breathe together, to "respire," "inspire," and "conspire," [sic], as well as nourish the 25% of our genetic makeup that is also plant genetics. It helps us recognize and enjoy that we and all things consist of a flow of recycled atoms in the environment that continually trade places with every atom of us except our eye lenses.

The attraction symbol also conveys that the *essence* of a thing is the paradox of its smallest fundamental (a wordless "real thing" that retains its properties), being attracted to reproduce and grow its attributes with greater strength into the next moment of our spacetime universe's *wholeness* of things our words identify. This phenomenon makes **ess**ence and wholen**ess** identical.

When applying the symbol while visiting a natural area, one can experience the difference between Nature's and human life: Nature is wordless, while contemporary humans use and depend on words except for 12 hours of our total 620,000-hour lifetime.

As the flow map discloses in the color orange [5,], since a 300,000 years ago, as now, humanity's excessive and complex word *disconnection* from

wordless Nature is everything's present ungrounded foundation, the fundamental mother of all GO conflicts (See Appendix B p. 26). Its anguish and anxiety attract us to create moments that let the map help Nature resolve our conflicts, as Nature can do best because it is the fountainhead of authority in its perfection.

Since forever as now, the flowchart is the chart's "Pristine Truth Natureness Paradigm:" the heartfelt and pure, self-correcting essence of Nature's wordless attraction to begin life and justifiably love its dance into being, moment by moment GG. Question? Call 360-378-6313

As aforementioned, the symbol " is a single, immediate attraction sensation or feeling that instantly manifests Nature's whole-life power as the map being a Universal Positioning System. Here's how to experience an example of

"Hold your breath; disconnect from the air to create a *wordless*, growing hole and absence in your life, a desire for oxygen. Now, let your *sense of respiration* attract you to breathe Nature's air, an attraction that produces dopamine and oxycontin. Feel good by being whole again GG happiness.

You have just experienced Nature's pristine truth, including gravity, holding things in place, beneficially filling your absence of air while sustainably feeding the plant kingdom your exhaled carbon dioxide. Expressed in words, "It's humanity's inherent attraction/love to survive, to shamelessly embrace the wordless life of Nature as its life embraces us." We have 53 additional senses that do the same thing, including our senses of place, trust, community, music, consciousness and reason. Note that none of these are our five senses.

This means that when we look at or sense a natural area, we are in contact with our subconscious mind and non-verbal essence.

As you continue below, remember that the symbol " represents the flow map's action and that you and I are attracted to growing in words this and every instant (3C). When in a natural area, the map attracts and enables us to find and embrace our whole, 54-sense self and its origins as attractions there, all at once growing together into the next moment. You can think of it as a universal hug. In short all the above is everything's GG love to live and grow. *Question? Call 360-378-6313* 

**Application** to master Pristine Truth

Part One
Introduction to the True-False Inventory

**Note:** Because this can be an independent GO to GG article and reminder, it repeats some of the information above. Skip what you're sure you know.

Rejoice! Be Enthusiastic! Spacetime works and it is unadulterated, GG Pristine Truth.

Whether you are with others or alone or want to recover from something, we invite you to replace your hurtful disappointments, abuse, and mental conflicts with Nature's unifying love, whose essence is our wordless attraction's love to live. This map enables you to overcome today's war with Nature and the trauma that remains from our abusive childhood "basic training." We learn to unwittingly use words that indoctrinate and draft our inborn love to live peacefully to instead become a soldier in our society's undeclared war against Nature. (6)

We lose sight of , all things GO to GG love to live cooperatively, moment by moment.

Quickly grow to be the self you want to be. Fill the holes in your life with this article's Pristine Truth, its/our love to live Nature's balance and beauty.

The map works like a Magic "Ness" Wand or green switch Universal Positioning System because when assigned to any word-conflict situation, it invokes "Natureness" the self-correcting essence of Nature.

That Natureness attraction helps us grow organic remedies for what ails it and us.

As the Natureness "ness" of Jodyness, treeness, godness, rockness etc, Youness can easily add the map's healing reality to the hurtful lies, conflicts, and outrages we suffer in and around us. Doing that transforms our nature-conquering battlefield into reasonable "loving to live." It challenges the belief that doing so is wrong or impossible for you or anyone else because your Pristine Truth validates its value. It makes mapness become the "ness" we add to everything's name so folks relations habitually include their wordless love to live.

Revolutionary happy and responsible "ness" individuals, communities and relationships harmoniously grow themselves as their disturbing mental illness is transformed into the Pristine Truth of Natureness (3A, 9, 10)

If you're attracted ( ) to learning how to help yourself and yours increase well-being for all, this instant on this page demonstrates that it is already working, can be repeated, and grows indefinitely. The Pristine Truths stated in the Abstract remain true now.

As you read further and expand this process, you will find things here that seem to repeat themselves. They are not only reminders but also demonstrate that you have learned things already that are functioning and growing, and that's this article's purpose. Its References and Appendices complete the process (Page 24)

An attractive living Pristine Truth > : Youness are alive, breathing and reading these words and they attract your love to live to read further, so you will.

#### The Missing Abstract

Even though it does have an abstract, this article can't have one because it is not abstract. It's alive and active. By including the reactive True or False inventory that follows, it involves you in recognizing that, when you invoke and embrace its truths in a natural area, including air and gravity, it manifests the benefits of as identified in an update of the legacy article *Pristine Truth Ecopsychology: the "Natureness" Remedy* (1) that is peer-reviewed and published in The International Journal of Ecopsychology. Its essence is the following immediate, repeatable attraction-love to live in action, the real thing:

"On an August day in 1965, a freak thunderstorm compelled me (13) to foolishly ask the Grand Canyon Wilderness, where I was backpacking, if it was alive and how its life differed from mine. Unsurprisingly, the Wilderness said nothing because Nature's flow doesn't use or know words. Soon, however, the answers became obvious then, as right now, too.

'Nature can't speak with words and I/humanity can.'

'If Nature dies, I'd die so Nature has to be alive.' "

Anyoneness so attracted can repeat this experience in a natural area, including the gravity, air and space between this screen or page and you. That moment-by-moment pristine spacetime truth grew my next 60 years of living it to this instant. (3C) Or GO pinch yourself too hard to attract Youness to seek more GG satisfaction.

The above quote reinforces that humanity is the single segment of Nature's life that can speak, that *Nature is wordless, and we are its major, if only known, worded part.* At any moment, until we GG blend our personal words and Earth's life, we know, live, and learn in a stressful, orange disconnecting duality 5 that harmfully is 99.9% out of tune with how Nature works wordlessly. (2)

Our "\times" love to live peacefully unites us with all things in Nature's universal web of life. (3, 11, 12)

Presently, to our loss, our words excessively disconnect us from wordless Nature around and in us. To remedy this dangerous prejudicial phenomenon (14), this article invokes nameless " loving to living attraction. Otherwise, our stories and labels will continue to create hurtful detachments from Nature's wordless love for life as it flows around, through, and as us. (6)

This trauma creates our suicidal war with the natural world that won't stop because we are addicted to using the same words that cause it to remedy it GO. Question? Call 360-378-6313

This makes the flowchart your ness map, blueprint, or GPS of the world that replaces our bankrupt society's traumas, lies, and scams breaking apart the world and our lives. Otherwise, our deceits are so influential that they may still have Youness thinking that seeking their warped, excessively nature-disconnected, and conquering "facts" will help you trust your undeniable *Pristine Truth* that you are alive, breathing, verbal, and reading these spacetime words.

That's paying the fox to guard the henhouse.

If Youness can't trust what you reasonably experience, what can you trust in today's traumatic stress life that won't harm you. This includes hooking, and making you resuffer the wounds from your earlier abuse by our suicidal war with Nature *Question? Call 360-378-6313* 

#### Natureness, the add-on to everything

As aforementioned, "Natureness, is the self-correcting essence of Nature," and its Pristine Truth map is the essence of everything else. It's the continually repeatable, accurate, scientific evidence and organic control we can rely on for whatever we're attracted to do by becoming "Jodyness."

The symbol "\(\infty\)" from the flowchart can be used as a trustable attachment to things because its presence grows with their essence, increasing well-being for everything.

Strengthen mental health by invoking the attraction symbol . "Let Nature pull your sh\*t together." That should be the title of this article.

Just as sure as you exist and are alive, you are reading these words and "something" is attracting you to read them. Otherwise, you would be doing something else since life is a *cumulative sequence of attractions*.

As the map portrays, this green leaf attraction symbol ">" is that "something." Its wordless desires fill the absence in our lives that our authorities' excessiveness makes us suffer as they unwittingly teach us to injuriously war against and break apart our world and life.

#### History

As the map shows, our attraction to this instant is older than the historical moment when it was inclined or attracted to and morphed into becoming Big Bang Spacetime, 14 billion years ago, as well as this instant as "2 ..."

The leaf's color, green, started shortly after the birth of time, and plant chlorophyll's 3.4 billion years old in the life of Nature's history. All those eons of growth lend trustable stability to Natureness because they are still growing it, moment by moment. This allows us to reality-check it by validating that the essence of its/our life is the Pristine Truth that you are attracted to reading these words here and now. Otherwise, why would you?

Youness know that works because if one of the "lack of love holes" or "vacancies" you suffer is that you need a consistent, responsible tool to fill them, is that ness tool. After all, the fact is that our original quote continues to exist

"Undeniably, it is a fact that "1) You exist and breathe, 2) you love to live, 3) you can speak words while nature can't, and 4) you are reading these words here and now."

The only reason you will not increase your well-being is if you don't believe that the quote will or has already done so. You lose its power whenever you omit it because is the heart of your DNA. It's what attracts genetic particles, atoms, molecules, and you and the world together (Its Strong Force holds an atom's nucleus together. A butterflyness's weight, 1/400 oz., of Uranium nucleur fission Strong Force created the Hiroshima atomic bomb explosion.)

Be careful. Your words of disbelief about this natural sequence of life socially disconnect you from your natural self. This decreases your energy, self-worth, and health as it produces anxiety or depression and the disorders they create.

As aforementioned, we are all enveloped in today's lies and corruption that stem from the suicidal war we increasingly wage with Nature around and in us. (6) For us as soldiers in it, with the exception of Pristine Truth and Natureness, everything has many meanings when, without , we relate to their labels and words instead of to their wordless unified essence.

That's why everything becomes debatable or is a wounded or polarizing falsehood, conflict, or battle until it is corrected by . This includes what you are reading now, so to be completely honest and accurate as we continue here, we are attracted to calling attention to and correcting these paragraph's inaccuracies with these natureness words Youness now read.

The attraction " allows us to continue in trust and honesty as it attractively urges us to create it, especially as we invite folks who we appreciate to do this with us. In short it is everything "wordlessly loving to living." *Question? Call 360-378-6313* 

#### Part Two

## The Natureness True or False Inventory: What do you know already?

How to identify the Pristine True Natureness in Part One that you can sense in a natural area, a pet, or a potted plant.

To accomplish the above-described wonderful, almost unimaginable feat, I, including my personal essence (ness), in **1a** below, signify that the following fact is accurate, and I invite you to do the same in **1b**.

If it is helpful to your hopes or attraction to doing this, please be informed that, entirely by the internet, preschool children have learned to be Paulness or Susanness and have taught their parents to do the same and support Natureness. This is wonderfully contagious at all levels.

 $\frown$  1a I, Mikeness, the author's essence, indicate: ( □ ) TRUE or ( ) FALSE: "It is undeniable that I ness exist, I love to live, and I'm reading these words this instant."

**1b** You, (Youness) \_\_\_\_\_, the reader indicate: ( ) TRUE or ( ) FALSE: : "It is undeniable that Youness exist, you love to live, and you are reading these words this instant."

If you have specified that statement 1b is true for you,  $\Box$ , each of the following statements is also true because they are Pristine Truth rooted in that 1b fact and are growing from it moment by moment. That's how the life the flowchart works. This paragraph is attracted  $\frown$  to support you, and, like the map, that Pristine Truth, along with the Pristine Truth of the statement that follows it. This ensures that you are continually accurately creating and attached to the next truth. This is especially true if you have found or experienced it, or an example of it, in a natural area, now or sometime earlier. You can also checkmark that fact ( ).

All the additional Pristine Truths below will reinforce and expand the Natureness truths of those Youness have already recognized. This self-empowering life experience process makes each stronger and makes the final a commanding, accurate, and beneficial tool that you can sense, use, and, share while it further grows and strengthens the attractive love to live Pristine Truth of Natureness and its benefits.

Are you attracted to continue ? Discovering things that are true in each next moment is unquestionable pristine truth since they are all that exists then, they are not adulterated, and they create the essence of the next moment in ways that increase well-being GG.



2 ( ) TRUE or ( ) FALSE: The symbol " ( ) I've sensed the information in the previous section in a natural area.

The symbol demonstrates right now that the unique combination of our pristine words and acts in 1 works because they have continued their truth here. They have grown into this new and different moment. Significantly note that in this GG moment, it is still unequivocally true that Youness love to live attracted to reading these words this instant and that our society globally agrees. That's a great start to growing harmoniously from here.

As aforementioned, this phenomenon is called "*Pristine Truth*" and "*Natureness*," the self-correcting attraction essence of Nature.

The truth of "Youness loving to live is reading these words right now" is usually explained as, "Because it's existential or self-evident." "It's reality so it needs no proof." "We take this phenomenon for granted." All these omit the heartfelt emotion of the statement's inherent love to live power.

Objective science omits our natural 49-sense emotions because, even though they are real facts of life, they fluctuate, can't be controlled, and are predictably unreliable and correctable.

The statement works because its words remove their misleading duality by substituting their unifying singular Universal source for it. Our problem is that we excessively take it for granted and overuse or abuse it. (6)

We will now again attractively use the above self-perpetuating facts of to increase their unifying dependability and elimination of duality. This will further let our Natureness here and elsewhere attractively transform and grow our misguided ways into personal, social, and global well-being.

This works because *attractionness is the essence of love* and we to do this because we *ness* love to love and live.

Since the omission of *Pristine Truth* and *Natureness* is a prime source of our suicidal war with Nature, invoking " remedies our inner and external conflicts by sensibly loving them into becoming Natureness, the self-correcting and unifying GG essence that they share. *Question? Call 360-378-6313* 



3 ( ) TRUE or ( ) FALSE regarding "words"

( ) I sensed the information in the previous section in a natural area.

As is created or grown by 1 and 2 above, your Pristine Truth is probably aware that Nature is wordless. Nature can't speak words while we and the rest of humanity are worded. This produces a continual language barrier, a hurtful, unjust disconnect between us and Nature. It creates anxiety, fear and pain because the loving purpose of Nature's self-correcting flow around and through us is to grow and support our life and all of life harmoniously all at once (5). Our word disconnects torpedo this crucial function.

We ness are troubled and in trouble because our words, including these words, are weapons of mass destruction in our suicidal war with Nature (6). This will not change until we use additional words and experiences to correct this

tragedy and beneficially reconnect our words with Nature. As a true-false Natureness indicator, this article and map enable us to do that here and now. *Question? Call 360-378-6313* 

Using the symbol is vital because is not a word. Its wordless integrity attracts us to blend and benefit from any conflicting meanings that we have attached to it. The map and are a one**ness**.



4 ( ) TRUE or ( ) FALSE regarding spacetiming
 ( ) I've sensed the information in the previous section in a natural area.

As 1-3 have absolutely established, the Pristine Truth of Natureness works in the here and now, in Nature, our in-common cumulative essence as it grows, moment by moment. Actually, this moment or any other "space and time instant" is an active verb, "to grow." It's our attraction-to-live "spacetiming" right now.

Youness can sense that, like any organism, as our life grows, all things in our body and that we can see everywhere else in Nature, including the night sky, are simultaneously attracted to growing new time and space that lets every part of everything attractively live the next instant. We ness can reasonably sense and feel that all things are attractively present, alive and growing at any given moment of our life, including our sensations, dreams, and fantasies as being things. It's no matter if they are scientifically accurate or not because can establish that fact in additional moments. The Pristine Truth scientific fact is that they exist.

Our key challenge is whether or not the words, labels, and stories we create are authentic, repeatable, and trustable truths about how Nature's things blend rather than conflict with each other so they can't confuse us. This blending includes all of Humanity and our excessively nature-disconnected stories since spacetime was recognized by 1950.

Weness know that what our spacetiming reasonably thinks and feels here right now is one of our true stories because our attraction to our experiences here to date has validated it. It remains true that you are reading these words. It's an absolute fact that instinctively attracts us to apply this process to all our stories and benefit from scientific ones. *Question? Call 360-378-6313* 



5 ( ) TRUE or ( ) FALSE regarding sequence, singularity and duality( ) I've sensed the information in the previous section in a natural area.

Again, from the progression of 1-4 above attractively growing to this instant, our cumulative thoughts and feelings can reasonably validate that each *moment* of our Pristine Truth spacetiming includes its moment-after-moment Arabic Numeral *sequence*, i.e., 1 2 3 4 5 6, etc.

When our knows itself, Nature and spacetime as being that sequence, it experiences the snowballing wordless Fibonacci golden ratio in which numbers cumulatively grow and increase by 1.618 every time you apply them. This is because the golden ratio registers the growing increase of your and everything's total growing relationships into this moment and it is found from spiral nebulae to sunflowers to the bones in our fingers, our DNA and  $\square$ . Sadly, it often supports our destructive excessiveness when it is applied as a cultural object rather than a Pristine Truth of spacetime.

We must expose our duality in the act of misleading us here. Spacetiming is a seamless continuum like our feeling of aliveness because it is it. Falsely, our words that say it exists "moment by moment" make spacetiming a stopand-go affair, and with respect to being alive, stop is death.

"Moment" is actually a word that stops time's flow to make room in our lives for our artificial words to influence us in some way. The words often excessively make us war against and turn Nature into money and greater artificiality. Our words can't stop this hidden stressful "cancer" because we are not even taught that's what they are doing. Fortunately, Natureness wordlessly bridges this gap and keeps Nature's wisdom healthy. It lets us recognize that human death stops our motion, speaking, and emoting while Nature's wordless life keeps right on growing. *Question? Call 360-378-6313* 



6 ( ) TRUE or ( ) FALSE regarding "attraction ""
 ( ) I've sensed the information in the previous section in a natural area.

Nature's attraction *ness* to begin, love and grow life is a prime force that, like gravity, draws things together. As it grows in the map and from [1 – 5] above, this paragraph's Pristine Truth words say that Youness were somehow attracted ( )

or desired to read about A and continue to read it here; you were not ordered to or bribed to do this.

Even if Youness were coerced, you and your essence were somehow persuaded or punished to be more attracted to obey the order rather than refuse it.

As evidence for all this, note that your life is still attracted right here and now, to spacetiming. *Question? Call 360-378-6313* 



- 7 ( ) TRUE or ( ) FALSE regarding "essence"
  - ( ) I've sensed the information in the previous section in a natural area.

Through your experiences in paragraphs 1-6 sequence, you and your essence are learning and validating in these words here and now that the essence of a thing is its smallest fundamental, wordless reality of itself that retains its properties and is attracted to reproduce and grow more attractively as it becomes the next moment.

This means that Natureness is like the unique "soul" or "spirit" of a thing. However, they are not Pristine True trustworthy or scientific because their defunct Steady State Universe outcomes are not dependable, reasonable and repeatable. Too often, they destructively mislead us. That's our problem, not its solution. Fortunately, soul *ness*, spirit *ness*, and godness resolve this challenge.

Our solution is our spirituality allowing us to have faith that Nature's attraction to grow life is the fountainhead of authority in how it works. Its Natureness art and science support a wordless, self-regulating, global community of all-things that increases well-being by correcting incorrect words (9)

For to implement this solution means relating to the essence of everything by heartfeltly adding "ness" to our and everything else's names. Then, we experience "I love this connection with the wordless life of Nature's balance and beauty."



8 ( ) TRUE or ( ) FALSE regarding our 54 senses: (7B)

( ) I've sensed the information in the previous section in a natural area.

As exhibited now and in preceding 1-7, our attraction senses of color, shape, reason, literacy, consciousness, time, space, gravity, respiration, and growth are operating, and *none of them* are any of the five senses we are taught that we know and learn from since childhood. This holds true for our additional natural senses, such as distance, music, motion, and love, 54 of which most of us have experienced and validated. (7b)

That we ness learn to think that we only have five senses leaves a dangerous hole and anxiety about how we sense and relate to the world and each other. The tool that remedies this dysfunction is Natureness GG map. (10)



9 ( ) TRUE or ( ) FALSE regarding "greed:

( ) I've sensed the information in the previous section in a natural area.

Youness can hold your breath right now and make an educational hole in your wholeness from your increasing lack of air. That hole is reasonably attracting your sense of respiration to produce stress, fear, or suffocation pain that increasingly attracts you to breathe again. When you do, you gain attractive satisfactions from the air you inhale. They reward and fulfill your inherent attraction to the atmosphere's oxygen. It is a breath of life gas grown by the leaves of Nature's plant life and sunlight. In addition, air is an essence of climate that lets light pass through.

While Youness stop breathing and are deprived of its love for you to live, you feel suffocated, and you excessively want air because it's become a deficiency in your life.

Similarly to the above, our Greed is the outcome of excessively or addictively desiring more "stuff" to satisfy our broken life's excessive loss of Nature's love for us and it to live in balance. This happens because the attractions of our 54 natural senses, not just suffocation, sense the loss of Nature's love, so we want. There is never enough when we want, so we feel we need more of everything and act accordingly (6). That's greed. Satisfactions from Natureness in natural areas or with air, remedy this short circuit because is spacetime's "long circuit" continuum since forever. *Question? Call 360-378-6313* 



10 ( ) TRUE or ( ) FALSE regarding our broken personal and global life.( ) I've sensed the information in the previous section in a natural area.

The greed produced by our unsatisfied love of life makes us continually desire additional satisfactions or tranquilizations. For this reason, we become excessive, and our <u>overuse deteriorates</u> our and Nature's common essence.

Invoking the Natureness of is like taking a deep breath. It revives and regenerates the spacetime essence of all things. In today's increasingly deteriorating world, our story world's omission of violates everything's legal, moral, and ethical rights to life.



11 ( ) TRUE or ( ) FALSE regarding resolves conflicts( ) I've sensed the information in the previous section in a natural area.

Have enlightening fun again to reinforce and validate what we *ness* have GO to GG been doing here. Notice that the list reliably works here and now as it did when we started, so it's still trustable. Quickly go down the color chart list and aloud say **the ink colors**, not the color names. For example, the first color is orange, not green.

GREEN
RED
BLACK
BLUE
BROWN
YELLOW
VIOLET
GREEN

CONCLUSION AGAIN regreen-in-green (GG) comfortably provides full information and resolves green-in-orange (GO) conflicts.

APPLICATION The following activity can be included at the start of meetings or any other time: For reasonable educational purposes take a breath and hold it until it is uncomfortable, then, as you release it, shamelessly say, "I love to connect with the wordless life of Nature."

POTENTIAL CHANGE A seed that is now available, Natureness can be taught globally via the Internet or telephone. It can act, for example, as in the USA during the Second World War when backyard and rooftop Victory Gardens reduced vegetable purchases by 50% in three years.

Note, too, that a total population can update a change when 10% of it believes it, so its integrity is strong enough to grow and change by itself.



12 ( ) TRUE or ( ) FALSE regarding " "( ) I've sensed the information in the previous section in a natural area.

As predicted in statement 1, this empowering Pristine Truthness true or false inventory strengthens each. It makes invoking this final be an accurate and understandable power tool that helps spacetime's Natureness stop our war with Nature and let increase personal, social and environmental well-being. (7)



**13** (  $\Box$  ) **TRUE** Iness have experienced and created the life of the Spacetime Universe attraction 
☐ flowchart below. It validates that because Earth has water on its surface, it is attracted to grow 
☐ as a planet whose unique web of life (6) flourishes because it consists of living

things united and continually attracted to strengthening — by diversifying their lives.

Natureness Summary: Below are the feelings from key synonyms that the essence of attraction includes and activates. While connected with a natural area, our Natureness can sense one, or more, or all of them that are part of the map below. (7A) This is also true for other attractions you may experience. Those that you sense in the diagram are their pictures. Just add "ness" to them.

Hope(*ness*), Existence, Sequence, Permission, Unity, Essence, Personal, Matrix, Singular, Self-Correcting, Integrity, Now, Nameless, Intelligent, Alive, Attraction, Love, 54-sense, Web of Life, Pristine Truth, Dance, Mikeness, Resilience, Greed, Trust, Resolution, Yourself, Spacetiming, Resonance, Earth-Misery, Loved.



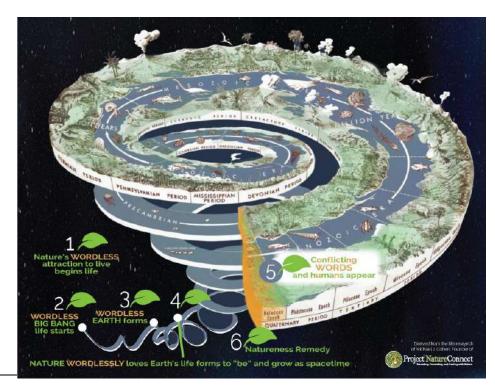
**14** ( $\Box$ ) **TRUE** The map below is a "selfie" of the natureness paradigm you sense and feel when you take a breath and hold it until it becomes uncomfortable, then, as you release it, feelingly say, "I shamelessly love to  $\frown$  connect with (or other endearments) wordless Nature's balance and beauty."

If you don't embrace the  $\sim 1$  to  $\sim 6$  to  $\sim 1$  sequence on the chart, it will become another conflict. (2A, 6).

Embracing it actualizes, "It is indisputably, pristine true that you are spacetime embracing itself in word and deed and can apply or teach this therapy to others."

The Natureness Pristine Truth map, sequence and history of Spacetime (4)

A 1-6 Universal Positioning System of Nature's and our love to live this instant.



While attracted to staying alive, you are both pure green 1 and conflicted 5 above to 6

NATURE is, since forever as now, the heartfelt essence of its wordless attraction to begin life and love its dance into being



**15. ( ) TRUE or ( ) FALSE** regarding #2 the Big Bang on the flowchart ( ) I've sensed the information in the previous section in a natural area.

It is reasonable that, on some level, the likes of 14 above occur throughout Nature's spacetime for everything since that's how spacetime works. This would mean the Big Bang was not a miraculous, instantaneous, unexplainable expansion.

Instead, it was an immediate and attractive orgasmic transformation of #2 life into a superheated powerful gluon glueball, gravity, electromagnetism, boson attractions and others to grow more stable and unified as *energy and matter relations*. These became/are more attractive still by diversifying and growing into #3 and #4 ways to further love life into being. This includes humanity's sensory experiences *when our words validate them* as here and now.



16. ( ) TRUE or ( ) FALSE regarding the flowchart

( ) I've sensed the information in the previous section in a natural area.

For educational purposes, it is reasonable that words appear on the chart throughout its entirety when they did not appear with humanity until the orange section of the Pleistocene, about one million years ago.

None of our society's words, including Nature, Gods, Love, Honesty, and Science, existed until the *orange section* of the flowchart existed...including this article and the chart and us and our words right now also being in the orange section.

"In the beginning *was not* the word until you add Ness to the word." This is why in today's Nature-deficit tragedy, words that don't Pristine Truth self-correct must be corrected if they and we are not to continue as polarizing weapons of mass destruction.

The quickest way to correct anything into greater well-being is to add ness to yourself and that "thing," including people, via TF question 14.

For fun, try it with the emblem for this section 16. Is this Trees? Petals? ness?



Trees and Petals: re-creation as recreation and vice versa

The flowchart in a natural area lets your Natureness meet and embrace itself and the Natureness of others.

- NATURENESS is, since forever as now, the heartfelt essence of its wordless attraction to begin life and justifiably love its dance into being.
  - Natureness is the air and gravity between this screen and Youness along with your inherent love to sense, breathe, enjoy, and thank it.
    - Natureness is Nature's intention to grow its balance and beauty
      - Natureness is everything's wordless love to live.



**Application** to master Pristine Truth

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#### **APPENDICES**

- -For a review you can publish, see Appendix A, P.25 or download it
- To distinguish the **Steady State Worldview** from the **Big Bang Universe** see Appendix B, p.26
- -For **Definitions of terms**, see Appendix C, p.30

#### APPENDIX A

#### A REVIEW OF THIS ARTICLE ANYBODY CAN USE (355 words)

This article lets you celebrate and promote this moment because these words invite you to enjoy our Pristine True Flowchart (PT). It's a potent, hands-on Nature-Connected Psychology whose cumulative attraction to live the next moment resolve any conflict.

This critically acclaimed PT tool validates that the life of Nature's universe and our society share a self-correcting, attraction-to-live essence that our scams, lies, and violence heartlessly destroy but PT restores.

PT dramatically transforms our broken-apart world, our war with Nature around and in us, into Nature's peaceful desire to live, love, and grow everything in balance.

Professionally reviewed and accredited, PT creates this undeniable truth about anything we do anytime, anywhere:

"Undeniably, it is a fact that "1)You exist and breathe, 2) you love to live, 3) you can speak words while nature can't, and 4) you are reading these words here and now."

Modified and added when needed, authentic PT power lets anybody choose to transform their disorders into Nature's therapeutic and delightful wellness.

Without PT, we suffer as we harm our planet and each other by ignoring how Nature's life and healing ways, around and in us, increase Nature's well-being, but not our excessive artificiality and disconnects.

PT stems from Dr. Mike Cohen's epitome in a wilderness area in 1965 which demonstrated that humanity can speak words and *helpless nature can't*.

PT corrects this injustice by enabling us to relate to the essence of things through their right essence name "ness," from "Mikeness" to "Rockness" to "Godness" or "Treeness." This oneness and Oxycontin happiness share our words with Nature's self-correcting energies everywhere so their wisdom can speak, act, and unify things. Otherwise, the errors in our defunct Steady State worldview abuse our inner child and all of life's attachments and kinship.

Invoking PT prevents and remedies mental illness, polarity, anxiety, species extinction, and climate change. It's the paramount, nature-reconnecting social technology we need because our lifetime is 99% out of tune with Nature's vibrant purity and perfection.

Since forever, Nature has been its wordless attraction to begin life and love its dance into being. Every moment, the best dancers are relations that cooperatively diversify and help life grow stronger and more beautiful. You can embrace and share this with others.

#### Bonus Paragraph

Experience PT: Hold your breath, disconnect from Nature's air and climate, and feel a vacancy grow in you. Then, let your PT suffocation sense attract you to breathe Nature again. That wonderful feeling is PT filling your void and restoring your wholeness while it sustainably feeds to the plant kingdom your exhaled carbon dioxide. Similarly, PT unites our friends and our other 53 senses, like thirst, trust, music, reason, and love, while, to our loss, we learn that we only have five senses.

#### APPENDIX B

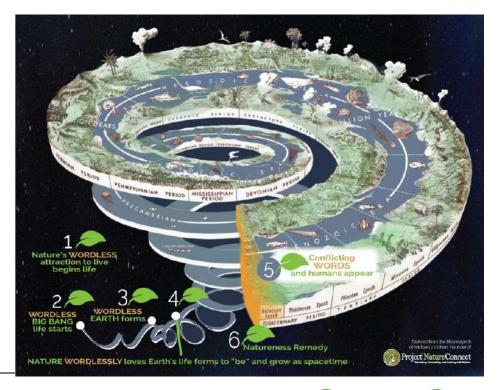
#### UNIFYING QUALITIES OF THE SPACETIME MAP

#### The Pristine Truth Flowchart (PTF) in Action.

Hold your breath. Disconnect from Nature's wordless air to create an uncomfortable, felt sense "hole" or "void" in you. Now, let your increasing PTF suffocation sensations attract you to breathe Nature's air again and relieve your stress. What you've become is this PTF Natureness paradigm filling the "hole," making you whole, and, in addition, feeding the plant kingdom your carbon dioxide as you exhale. This happy PTF is humanity's genetic love to shamelessly embrace the wordless life of Nature, around and in us, and, thankfully, survive as part of it rather than suffer from continuing to be catastrophically disconnected from it. It is 53 sense more powerful when you apply this PTF in a natural area, so take it there with you and others to increase personal, social, and environmental well-being.

The Pristine Truth 1-6 sequence and history of Spacetime (4)

A Universal Positioning System of Nature's and our life at any instant.



While attracted to staying alive you are both pure green 1 and conflicted 5 above to [6 ]

NATURE is, since forever as now, our heartfelt essence of its wordless attraction to begin life and love its dance into being.

Consider these distinctions between our Steady State Worldview and PTF Spacetime Universe relations.

PTF. Which color of the word (not the word itself) are these two "GREENS" easiest to say: **GREEN or GREEN?** 

**GREEN** is the easiest and most accurate (**GG**) because it does not conflict the color with its word, (**GO**). **GG** is just as true as "You are reading these words here and now." This is the same as the unified **GO** to **GG** Natureness benefits of this Pristine Truth map.

The map lets Nature itself therapeutically transform any stress from **GREEN** into **GREEN** via "". "" is the symbol of your attraction to live and validate this phenomenon via "ness" and/or the map.

Our outdated Steady State Worldview vs
The Spacetime Big Bang Universe

#### **ORANGE** The Defunct Spiritual or Steady State Mechanistic Universe

(Aristotle, 300B.C.-1925 A.D) SUPPORTS OUR EXCESSIVE HUMAN WANTS

#### **GREEN Spacetime Universe Aliveness**

(Hubble-Einstein 1925-present) Natureness in action SUPPORTS ALL THINGS' LOVE TO LIVE

Steady State is an entropic, decaying ball Spacetime is a lively, growing, self-inflating bubble

**Steady State** Mechanically limited 5-sense thinking **Spacetime** Attraction energy 54-sense relationships

**Steady State** source is academia **Spacetime** source is natural areas

**Steady State** truth includes the misery caused by society's distortions **Spacetime** truth creates reasonable satisfactions from natural area moments.

**Steady State** works by relating to and with words **Spacetime** grows by relating to and with everything's essence.

**Steady State** Outdated and inaccurate **Spacetime** Contemporary and existential

Steady State Belief-based Spacetime Evidence-based.

Steady State Is a history of its time

**Spacetime** Is time itself creating, doing and being its history.

**Steady State** is the objective science mathematical sequence of 0-9 **Spacetime** is the objective science mathematical sequence that includes the growing cumulative results of Nature's Fibonacci Sequence 1.68 that is found everywhere.

Steady State is created and operated by "foreign" words

**Spacetime** is attraction being conscious that its words are wordlessly intentioned and attracted/love to grow diverse space and time for all things to thrive in.

**Steady State** God made humanity to multiply and subdue Nature and replenish it with people. **Spacetime** Godness demonstrates that God is unscientific, Pleistocene fiction and scientifically fulfills God's role.

**Steady State** Produces false unlimited Earth resources. **Spacetime** Treasures limited "Earth's metabolism" resources.

Steady State Was created to support humanity by excessively conquering Nature Spacetime Was attracted to create itself to begin life and love it into being, including our lives.

**Steady State** Is a static commodity **Spacetime** Is a flowing community

**Steady State** Needs defined information from artificially standardized conditions of temperature, pressure, motion, light and sound.

**Spacetime** Seeks facts and relations from the everchanging dance of life in natural areas

**Steady State** Operates by laws of chance

**Spacetime** Is consistently attracted to love life into being and grow it. Each moment wordlessly self-organizes, enhances and corrects its life including humanity's excessiveness. This can be viewed as its intention.

**Steady State** rewards us for suicidally destroying our own life support system for profit **Spacetime** rewards us for being its Natureness, its self-correcting essence.

**Steady State** is known by limiting words and labels we assign to its mechanisms. **Spacetime** is known by the "ness" labels of things that reasonably register their unity in our heart, love of love and life, and sense of consciousness.

Steady State Consists of our story's "entropy," of all things decaying into disorganization while guided by an unknown and unproven intelligence

**Spacetime** Consists of all things present at once in a unified singularity that like a seed or egg is attracted to birth, grow and organize itself to procreate the next moment of its life. It is the essence of all things that consciously loves being present in any moment. Each thing beneficially modifies the others via "rubber band connections" to produce Nature's beauty, homeostatic balance and diversity without any undue garbage, war or abuse from disconnection.

**GG** > **GO** If you've ever had a calming, rejuvenating or euphoric **GG** experience in a natural area, that was the Pristine Truth Flowchart (PTF) of your Natureness. You did not need to go to school to learn it. In fact, school usually has you harmfully unlearn or ignore it **GO**.

**GO** We suffer our disorders because, on average, we learn to experience less than 12 hours of Natureness during our 640,000 hour lifetime. Our words continually educate and guide us to ignore the art and science of Pristine Truth and instead to conquer Nature and each other for "resources" dollars, power and love. Until it is Pristine Truth, our competitive recreation **GO** is not unifying re-creation **GG**.

**GG** The one billion year old slime mold and everything else have survived by their reasonable love for life using Pristine Truth before it was words and symbols. **Discover more here** 

#### APPENDIX C DEFINITIONS OF TERMS IN PRISTINE TRUTH

The reader's life experiences in this white paper includes, in geological order, the constructs and labels I use in its Flowchart, reference books and articles. Use them to connect your great trustable pristine truth with anything because their felt, sensible accuracy simultaneously works personally and globally. (Cohen 2023)

- Nature is forever, as now, its beautiful, *wordless* attraction to begin life (1 and justifiably love its dance of everything into being and growing in the attractive "rubber band attraction" balance of homeostasis. This includes our inner nature, our wordless inner child.
- -Attraction (1 and 1-6-1 ) is the desire of Nature to begin and grow life, to draw things together, such as gravity, magnetism, or glueball. Emotionally, it's our inner child that wants to live harmoniously, to breathe with Nature this instant, or to read this next word. Attraction becomes more attractive and stronger by growing into diverse, stretchable, mutually supportive relations. It knows what to attach to because it is conscious of what it's attracted to. Attraction is the essence of Love.
- **-Repulsion** is an attraction to move towards a greater attraction, senses #25-#27.
- **-Life** is its wordless attraction/love to live by supporting life in balance.
- **-Death** is the of stopping motion, like a person no longer able to use words, react or grow social relations, while the Universe continues its motions and emotions.
- **-Diversity** is the self-balancing (homeostatic) sequence of stretchable, "rubber-band" attractions as they grow more attractive.
- **-Spacetiming** is a verb, our Standard Big Bang Universe's attraction to sequentially and cumulatively grow/expand Nature's attractive life moment by moment.
- **-Pristine Truth** is the felt repeatable and trustable science of spacetime and its history in action.
- **-Natureness** is the self-correcting essence of Nature and its love to flow around, through and as us and all things including Organism Earth.
- **-Humanity** is Nature a million years ago, as now, with the unique ability to create, invoke, and excessively live out words and their artificial meanings.
- **-Natural System Thinking Process** is a web-of-life blueprint model of Nature whose strands are 54 attraction/loves that we call our senses.
- **-Green Switch** is the application of otherwise missing Pristine Truth
- **-Earth** is our planet's special way of life that lives because, uniquely, it has water on its surface.

- **-Earth Misery** is the result of humanity's words excessively disconnecting us from Nature's love for our life.
- **-Greed** is the outcome of excessively or addictively wanting things because our excessive loss of nature's love makes us feel that we never have enough.

#### Contact



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